



Recommissioning housing and support in Cornwall: feedback from adults with learning disabilities and autism in October 2023

What we did and why?

- Easy Read Presentation
- 4 Speak Up Groups
- We spoke to 44 people aged between 30 and 70



1. I choose who I live with

- **Living with others**

- *‘With mum and dad and the two dogs. I don’t want to move out yet.’*

- *‘No, the others were already in there.’*

- **Living alone**

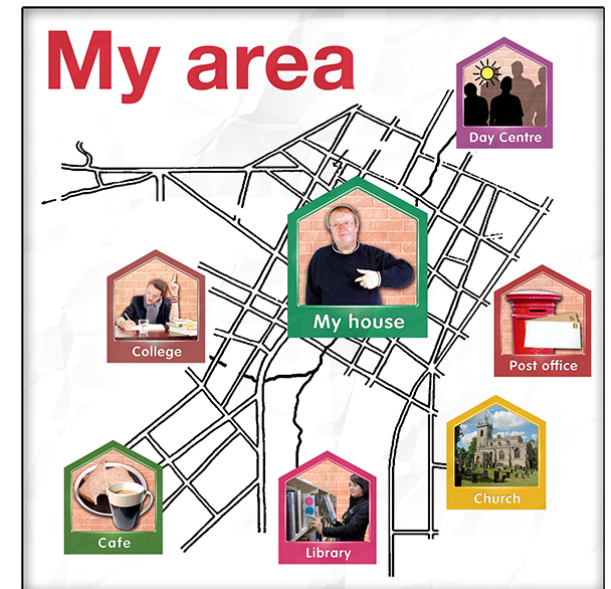
- *‘I like it quiet. I’m happy on my own’*

- *‘I hate it here. I’m so bloody lonely.’*



2. I choose where I live

- *‘Yes, it’s good. Close to town and good for the buses’*
- *‘The house was damp, so I had to go. I’m in a new place, no friends though’*



3. I have my own home

'I want to get a 'home sweet home sign'

'I'm keeping it clean and tidy.'



4. I choose who supports me

- *'If I wasn't happy, I could change.'*
- *'We are just given whoever is working'*



5. I choose my friends and relationships

'The bank called the fraud people for me. I was online dating and they asked me for money'.



6. I get help to make changes in my life

- *'Not really. I am bored doing the same thing all the time.'*
- *'I would like help to get out in the evening.'*



7. I choose how to be healthy and safe

- **Feeling safe at home:** *'My safest place is in my bedroom.'*

'I like the cameras outside my house.'

- **Feeling safe in the community**

'I feel safe when I am local. On edge in places, I don't know'

'I never go out at night'



8. I choose how I am a part of my community

- *'All my friends are here'*
- *'Go Costa twice a week and get a Mango Frappe.'*



9. I have the same rights and responsibilities as other citizens

'The news is all doom and gloom'

.

'I go shopping and I lose control of what I should be spending'

'What I need support with is PIP and benefits.'

'I want to clean the toilets'



What did we find out?



- Training could avoid disputes with neighbours.
 - More choice needed around support
 - Reliance on family for support.
- Future planning for home and money management (independent advocacy or money management education)
 - Lack of opportunities to choose or change