

Health in an Ageing Society

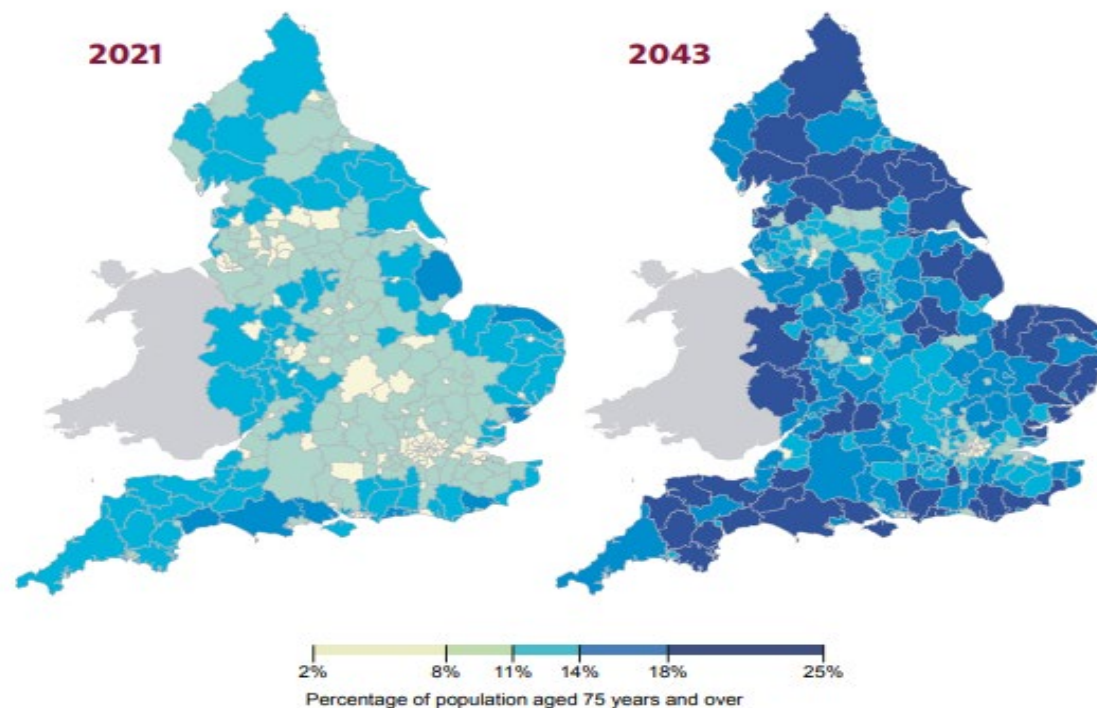
The Public Health approach

Dr Caroline Court,
Public Health
Consultant,
Cornwall Council

Chief Medical Officer's Annual Report 2023

Health in an Ageing Society

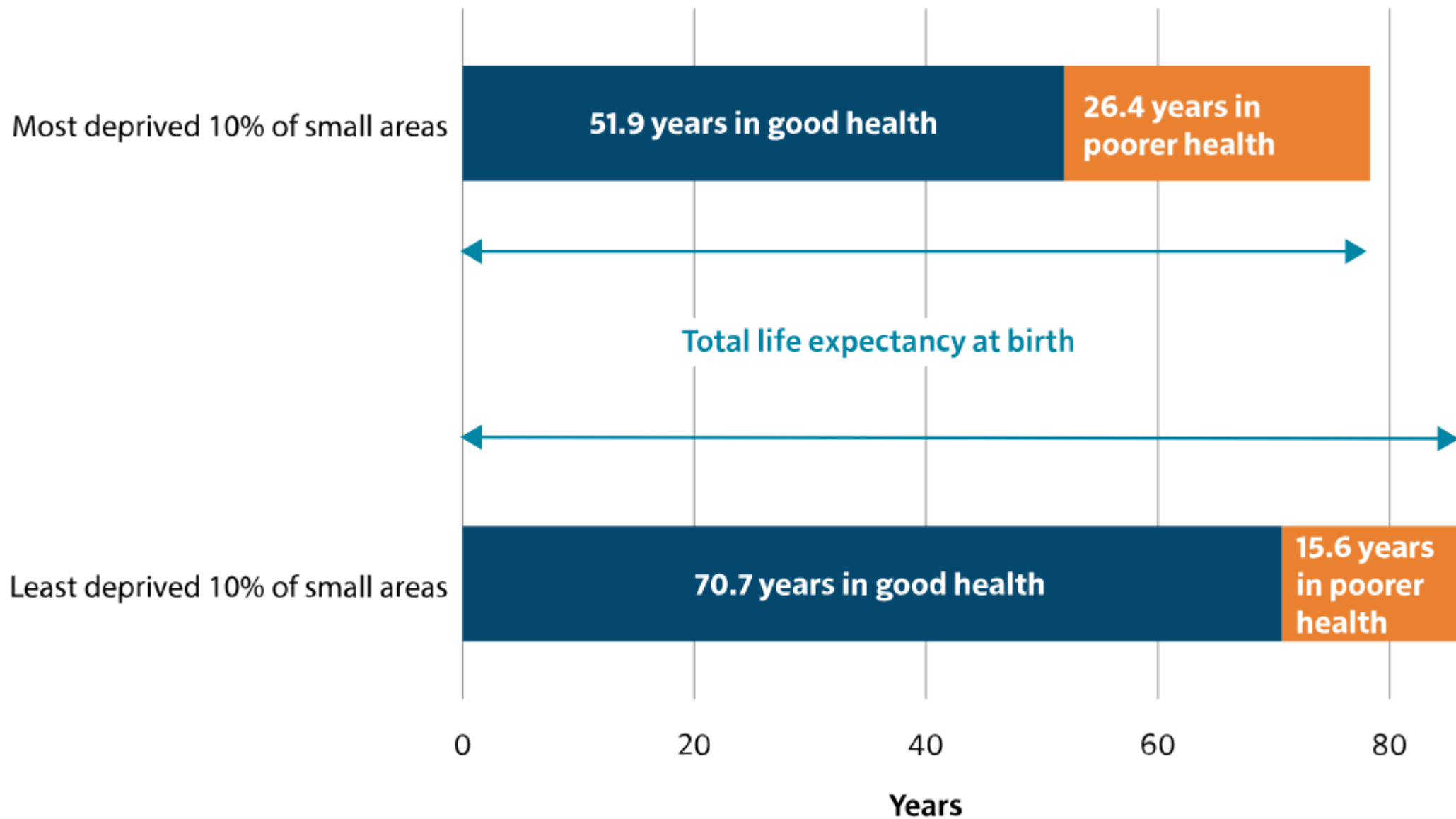
Executive summary and recommendations



Key points

- An ageing population is a triumph of medicine and public health
- Rural and coastal areas are ageing much faster than the rest of the UK
- Ill health and disability in later life is not inevitable
- Maintain independence by both reducing disease and adapting the environment

A call to action for Government, local authorities, the NHS and the public.



Source data: ONS, Health state life expectancies by national deprivation deciles,

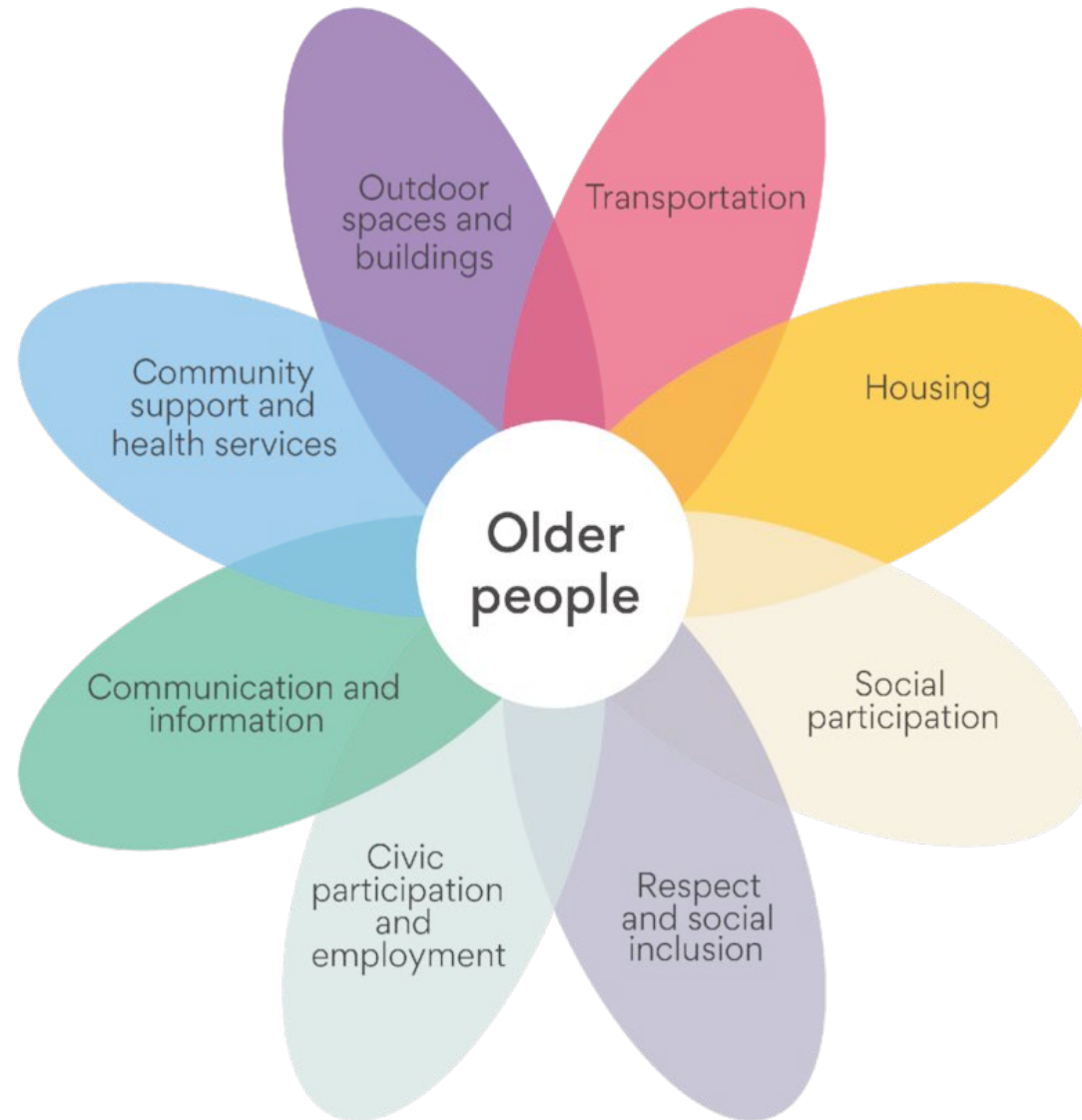
Public health response

- Evidence review
- Physical activity
- Falls prevention
- Volunteering and employment
- Communications
- Health in an Ageing Society event



Age Friendly Communities

Centre For Ageing Better



Thank you

caroline.court@cornwall.gov.uk
