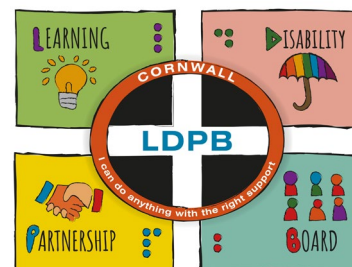


MEETING NOTES:	Meeting of the Learning Disability Partnership Board
DATE:	Thursday, 29 February 2024
LOCATION:	Truro Community Library and on Microsoft Teams

ATTENDANCE

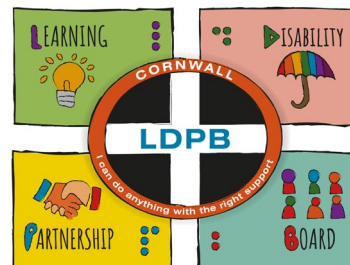
Name	Position	Organisation
Mike Hooper (MH) (stand-in Chair)	Partnership Boards Officer	Healthwatch Cornwall
Robert O'Leary (RO)	Partnership Boards Lived Experience Project Officer	Healthwatch Cornwall
Alex Seaman (AS)	Self-Advocate	Brandon Trust
Amanda Wilton (AW)	Parent carer of a young adult with profound and multiple LD	Patient Council Derriford UHP
Anthony Dunn (A)	Peer Advocate and Lived Experience Lead	Citizen Checkers
Charlotte Day (CD)	Speech and Language Therapist, Learning Disability Team	Cornwall Partnership NHS Foundation Trust
Charlotte Polglase (CP)	Co-Facilitator	Citizen Checkers
Chris Ballett (CB)	Community Partner, Our Active Community - St. Austell and Clay Country & Project Manager - All Move	Mencap
Dina Holder (DH)	Community Engagement Manager / Divas Facilitator	The Women's Centre Cornwall
Ebony Rose Thomas (ERT)	Self-Advocate	Citizen Checkers
Fliss Hedge (FH)	Operational Lead	Cornwall People First
Francesca (F)	Self-Advocate	The CHAMPS
Imogen Groves (IG)	Self-Advocate	
Jenna Pulley (JP)		Cornwall Partners in Policymaking
Julie Pape (JP)	Self-Advocate	The CHAMPS / Healthy Cornwall
Karen Gregory (KG)	Service Director	Mid-Cornwall Hub
Karen Hooper (KH)	Interim Head of Commissioning for Learning Disability, Autism and Mental Health	Cornwall Council



Name	Position	Organisation
Karl Potts (KP)	Assistant Psychologist, Specialist Parenting Service	Cornwall Partnership NHS Foundation Trust
Kate Spenceley (KS)		Citizen Checkers
Laura Keeper (LK)	Self-advocate, service user (BDS) and Trustee (CPF)	Blantyre Day Services & Cornwall People First
Lewis Henry (LH)	Self-advocate	Brandon Trust
Lizzie Dennison (LD)	Proper Job	Cornwall Council
Lucy Lawler (LL)	Student Nurse, Learning Disability Team	Cornwall Partnership NHS Foundation Trust
Marie Lobb (ML)	Self-Advocate and Community Promotor	Healthwatch Cornwall
Megan Julian (MJ)	Screening Liaison Nurse	Cornwall Partnership NHS Foundation Trust
Nadia Myers (NM)	Student Nurse, Learning Disability Team	NHS Integrated Care Board
Rachel Mellor (RM)		Brandon Trust
Rachel Pearce (RP)	Assistant Commissioning Officer	Cornwall Council
Sam Burridge (SB)	Commissioning Officer	Cornwall Council
Sam Edwards (SE)	Consultant Adult Learning Disability Team	Cornwall Partnership NHS Foundation Trust
Sandra Ward (SW)	Parent carer of a young adult with profound and multiple intellectual disabilities, Director of Parent Carers Cornwall and Chair of Carers Partnership Board	Parent Carers Cornwall
Steve Hillman (SH)	Health Improvement Practitioner, High Risk Groups Adults	Healthy Cornwall
Vicki Allan (VA)	Strategic Commissioning Lead for Learning Disability and Autism, Working Age Adults Services	Cornwall Council
Wayne Williams (WW)	Self-Advocate	Mid-Cornwall Hub

APOLOGIES

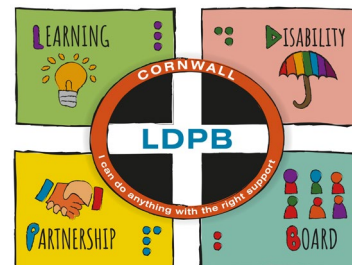
Name	Position	Organisation
Councillor Jane Kirkham	Learning Disability Partnership Board Chair	Cornwall Council
Alison Short	Advocacy Coordinator	The Advocacy People
Christopher Jordan	Self-advocate and Volunteer book keeper (CPF) and Parish Councillor	Cornwall People First
David Burns	Self-advocate and Community Promoter	Citizen Checkers and Healthwatch Cornwall
Sgt Flo Linscott	Diverse Communities Team Lead (Cornwall)	Devon and Cornwall Police
Jane Rees	Manager Learning Disability and Autism Team	Cornwall Hospitals NHS Trust
Jo Cope	Disability Employer Advisor	Jobcentre Plus
Jo Pike	Screening Liaison Nurse, Primary Care Liaison Team	Cornwall Partnership NHS Foundation Trust
Kevin Beveridge	Area Director, Adult Social Care	Cornwall Council
Marie Martin	Self -advocate	
Neil Carpenter	Advocate	Cornwall People First
Paula Volkner	Transforming Care Project Coordinator	NHS Cornwall and Isles of Scilly Integrated Care Board
Professor Rohit Shankar		Cornwall Partnership NHS Foundation Trust
Rosi Van Dam	Clinical Lead: Mental Health Liaison Practitioner	Cornwall Partnership NHS Foundation Trust
Sam Maddern	Lead liaison and Screening Nurse, Community Adult Learning Disability Team	Cornwall Partnership NHS Foundation Trust
Sam Mokkoram		The Advocacy People
Steve Dymond	Self-advocate and Community Promoter	Healthwatch Cornwall
Dr Victoria Parnell	Clinical Lead, Specialist Parenting Service	Cornwall Partnership NHS Foundation Trust
Zoe Rawlence	Specialist Nurse	Specialist Parenting Service



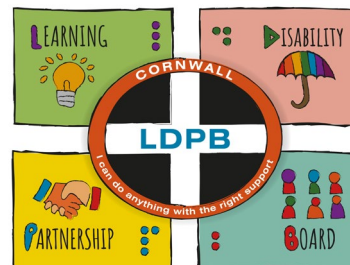
ACTIONS AGREED AT MEETINGS

Action	Responsible	Status
Agree format of May meeting	PB Team / JP / KS	Actioned.
Reconvene DWP working group.	PB Team	Not started.
Learning Disability Strategy	VA	Updates and involvement as appropriate
Share details of Cornwall Council vacancies for people with learning disabilities.	KH / PB Team	Ongoing. To be shared with the Board as vacancies go live.
Update on opening the Safe Places Scheme to neurodiverse individuals.	FL / SM	Updates as the work develops.
Updates on Accessibility Advisory Group for RCHT as appropriate.	MH	Updates will be shared as received.
LeDeR report updates.	SS	Updates will be shared as received.

Item	What was discussed	Action
1.	Welcome, introductions and apologies	
	<p>MH welcomed everyone and advised that the meeting was being recorded for minute taking purposes. Permission would be sought from individuals if it was to be shared beyond the meeting.</p> <p>MH ensured that everyone understood the meeting etiquette and how to contribute to the meeting if they had joined online.</p> <p>MH invited everyone present to introduce themselves.</p> <p>Apologies received were relayed as detailed above.</p>	
2.	Minutes of and actions from the meeting held on 30 November 2023	
	<p>The minutes of the previous meeting were confirmed as a true record.</p> <p>MH ran through the actions as recorded within the minutes of the last meeting, detailed above.</p>	



<p>3.</p>	<p>Updates from members</p>	
	<p>Parent Carers Cornwall</p> <p>SW reported that coffee mornings for parent carers continued to be well attended and would continue into the Spring.</p> <p>A drop-in information event would be held at the Eden Project on 7th March 2024. There would be lots of information for parents, carers, adults with learning disabilities and/or autism and young people with Special Educational Needs (SEN). LK said she would be interested in attending and SW said that she would liaise with her outside of the meeting.</p> <p>It was currently Eating Awareness Week and there had been a good article on the BBC about Avoidant/Restrictive Food Intake Disorder (ARFID). It was understood that there was a Health focus on ARFID in Cornwall it was hoped that the Board would be updated accordingly at future meetings.</p> <p>MH had circulated information about a new Local Policy Advisory Group for adults in Cornwall with Down Syndrome. The first meeting would be held on 14th March, venue to be confirmed.</p> <p>The Hearing Families film screening had been held the week before. It was a very hard-hitting film but necessary to help to make sure that everyone in Cornwall with additional needs is treated fairly and receives the best possible care. JP said that the film had been created with Cornwall Partners in Policymaking and it was hoped that it would be the start of an ongoing campaign.</p> <p>RO asked if the film could be shared with the wider community yet. JP said that the ICB had given agreement to share but there was no date yet.</p> <p>The Women’s Centre Cornwall / Diva’s</p> <p>DH reported that the Diva’s had been delivering a lot of training lately, firstly for organisations that work with people with learning disabilities to be able to identify individuals that may have</p>	



experienced forms of abuse. Great feedback had been received, including one manager that said that they had been educated on the barriers facing people with learning disabilities in accessing support. Hearing from the Diva's direct had been very impactful.

Staff from domestic abuse and sexual violence services were trained in how to better understand and support people with learning disabilities. Again, feedback had been excellent, particularly from the role play element that was based upon real-life lived experiences. It was hoped that it could be rolled out across Cornwall.

Another positive outcome was that the Psychology Team within the Adult Learning Disability Service were now having regular meetings with the Diva's to consider how to develop services. The first focus would be understanding trauma. Links were also being built with the Specialist Parenting Service.

In March there would be training for Victim Support and First Light.

A key focus moving forward would be the rollout of healthy relationships training for groups within the community. DH asked that anyone with any advice, contacts or offers please make contact.

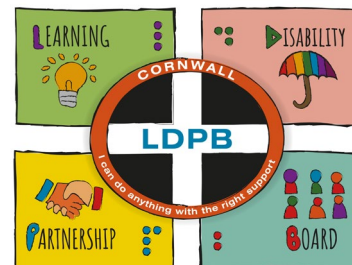
Wayne Williams

WW stressed the importance of people receiving the support that they need. He had recently watched a television programme that had demonstrated the negative consequences when people did not. Giving people a way to have their voices heard, like this Board, was very important.

Anthony Dunn

AD emphasised the high level of training that self-advocates in the room had undertaken and their experience in delivering training. There are also many other experts by experience within the county. This Boards needs to make use of all of that expertise.

AD also stressed the need for people with learning disabilities to



have an annual health check and the key role that GP's have in promoting them. SH said that Healthy Cornwall had been trying to work with GP's to improve uptake for a long time. MH suggested that could be an area of focus for the Board, should it agree to it.

The CHAMPs

JP reported that the team had been working with the Screening Liaison Nurses to record a song to encourage uptake. A cover of 'Beat It', by Michael Jackson.

They had also designed new training focusing on diabetes.

SH promoted a current vacancy within the team for a Health Improvement Practitioner and Safe Places Coordinator.

Cornwall People First

FH reported on a project called 'Count me In' that was being undertaken with Cornwall Intellectual Disability Equitable Research (CIDER), a partnership between the University of Plymouth and Cornwall Partnership NHS Foundation Trust.

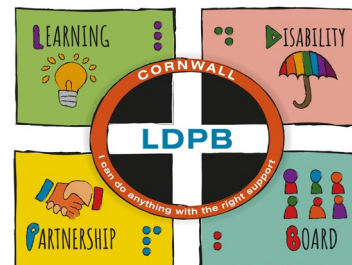
The research was around involving people with learning disabilities and autism in commercial research, with a view to developing a toolkit for drugs companies to utilise for future lived experience involvement.

The Practice Partners project was developing well. Access All Areas groups had started and had been supported by the LD Team from CFT.

Work in partnership with The Women's Centre Cornwall to look at issues affecting men, including education around consent, was being developed.

Amanda Wilton

Around 1/3 of the patients using Derriford Hospital in Plymouth were residents of Cornwall. AW reported that she had attended the Derriford Users Group, at which it was reported that members had



undertaken a mystery shop. Of those spoken to, findings included:

- Only 3 out of 10 people knew about Oliver McGowan training.
- 5 out of 10 people knew about their Hospital Communication boxes.
- 9 out of 10 knew about Hospital Passports but none knew that there was an app available.
- Most rooms had quiet areas for patients and had accessible toilets and showers.

Tier 2 Oliver McGowan training was progressing from 5 March. It would be a whole day, face to face, with self-advocates/experts by experience. 290 places had been filled for the sessions and more dates in August would be released.

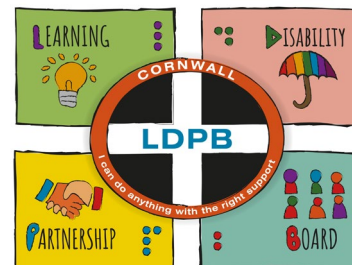
Easy read menus were being produced. The preferred form had been selected by self-advocates.

Healthwatch Cornwall

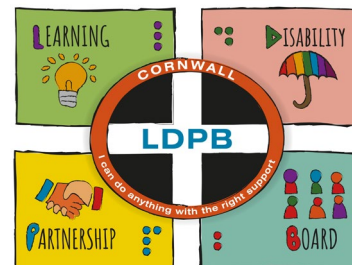
MH had previously circulated artwork produced by Christopher Burns, a self-advocate member of the Board. One of the issues raised through his art was around poverty and the barriers to people achieving employment. The DWP, who are represented on both this Board and the Autism Partnership Board, progressed the issues raised and a response had been received from Naomi Agius, Acting Head of the Ministerial Correspondence Team. MH shared the letter on screen. It covered two and a half pages, was not in an accessible format, lacked empathy and failed to even acknowledge Christopher.

MH said that the response needed to be considered with the background that the Partnership Boards had managed a working group through 2022 and 2023 with the aim of encouraging the DWP to hear and act upon the views of people with learning disabilities and/or autism with regard to the accessibility of its services and communications. There was consensus within the room that the response was unacceptable.

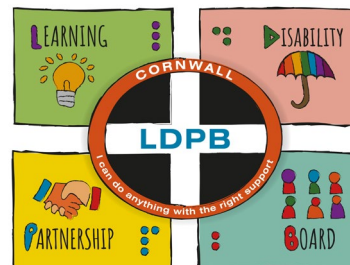
It was proposed and agreed that the working group be reconvened, originally with the previous membership invited but



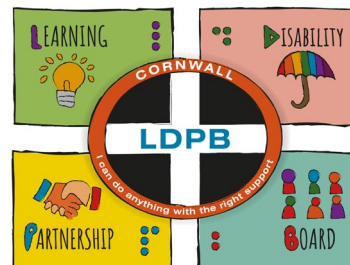
<p>with a view to widening it out to other members with lived experience, if necessary.</p> <p>RO shared an update from Steve Dymond, self-advocate and Partnership Boards Community Promotor. A new support group had started in Bude for parents of children with autism, ADHD and Special Educational Needs. Attendance from people in the Bude area was encouraged.</p> <p>Another group recently formed was 'The Bee Team'. Its aim was to develop bids for funding and it had already proven successful.</p> <p>Successful recent events had included a ten pin bowling night and accessible discos for Christmas and Valentine's Day.</p> <p>However, a common theme coming from parents was that they felt unsupported by local services.</p> <p>MH had circulated Steve's update to the Board, including a list of upcoming events, via email.</p> <p>RO updated members that the name of the Older Persons Partnership Board was to change. Feedback from attendees and through wider community engagement indicated that the term 'older person' was off-putting for some and could be perceived negatively. There were two popular suggestions for a new name – Positive Ageing Cornwall and the Ageing Well Partnership Board, with the latter proving to be the winner.</p> <p>RO emphasised that the Board was for anyone aged 55 and over but there was also an emphasis on proactively approaching the issues that come with ageing so people below that age could play key roles. No one was excluded so lived experience members of this Board would be welcomed.</p> <p>The key focus for upcoming meetings would be developing the approach to and structure of meetings to best engage and encourage participation.</p> <p>DH agreed that there was a very large older population in Cornwall with a wide variety of health and social care gaps that need to be</p>	<p>Reconvene DWP working group.</p>
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	<p>addressed. Making the Board engaging was very important and it was exciting to see it taking shape.</p> <p>ERT expressed the need for services to encourage attendance from people with lived experience. RO agreed and said that issue had been raised following the disappointment of a previous meeting where services were requested to bring lived experience with them but only two of the nineteen services represented did so.</p>	
<p>4</p>	<p>Housing and Support Solutions Project</p>	
	<p>FH reported that Cornwall Council was in the process of recommissioning housing and support services. Having established their key lines of enquiry, they had identified the Reach Standards as the framework that best fits their requirements for qualitative engagement. As part of their stakeholder consultation, they asked Cornwall People First (CPF) to provide opportunities for people with learning disabilities and autism (LD/A) who either use those services or may use them in the future, to talk about their experiences and aspirations with a view to informing the planning process.</p> <p>CPF talked to people across the county. Some lived independently, others with family or in supported living settings. Some had formal support, others did not. CPF’s goal was to capture a snapshot of ‘ordinary lives’ (Practical Guide to Reach Standard, p21) in Cornwall in 2023.</p> <p>An easy read presentation is on the Healthwatch Cornwall website - Click here.</p> <p>To read the detailed report - Click here</p>	
<p>5</p>	<p>Update from Cornwall Partnership NHS Trust</p>	
	<p>Professor Rohit Shankar had requested that he provide an update to the Board on current developments within the Integrated Care Board that could impact upon ground level services.</p> <p>Unfortunately, Professor Shankar had been unable to attend so the</p>	



	item was not considered.	
6	Break	
	The Board had a 10 minute comfort break.	
7	Partnership Board – Planning for the Year Ahead	
	<p><i>Note: Wifi problems were experienced at this point in the meeting which restricted the participation of those that had joined the meeting on Microsoft Teams.</i></p> <p>The Partnership Boards team had recently liaised with Cornwall Partners in Policymaking to consider how to make the Board as welcoming and as engaging as possible whilst still ensuring that its core remit is met, including co-producing health and care policies and strategies, review the development and impacts of service developments and co-producing and scrutinising the implementation of Cornwall’s Learning Disability Strategy.</p> <p>AS suggested that the wifi connection could be poor due to the extreme adverse weather. He added that it showed that everyone being in a room together was preferable.</p> <p>AS continued, saying that the meeting format was not ideal as it was sometimes hard to keep people’s concentration levels up when not everyone had time to speak. KS asked how it would be if there were smaller groups sat around individual tables. AS that would be better as everyone would have the chance to speak. Around a big table, people ended up talking over one another and that meant that no-one could understand what was being said. Around a smaller table everyone would get their chance to speak. WW agreed and people around the table clapped. AD said that this was how the Board should work, people with lived experience saying how it should be done.</p> <p>JP said that the key thing will be making sure that the meeting is fun. MH said that he hoped that lots of people with lived experience would be able to join the meeting. Providers around the table all agreed and undertook to promote attendance and to bring along as many people as possible.</p>	<p>PB Team /</p>



	<p>It was agreed that small groups around tables was an approach that people wanted to try out. Various people offered to help by managing a table. AS said that he was happy to do anything required to help out at the meeting.</p> <p>The meeting would be held at St Erth Community Centre at 2pm on 30th May 2024. Whilst there would always be an option to join online via Teams, members urged as many people as possible to attend in person. WW emphasised how it was better when people met face to face.</p> <p>MH closed the item by saying that the Partnership Boards team would assist with transport and costs and encouraged people to get in touch at partnershipboards@healthwatchcornwall.co.uk or on 07880782636 (Mike) or 07384252667 (Robert).</p>	<p>Cornwall Partners in Policymaking and Citizen Checkers work together to design the meeting format.</p>
<p>8</p>	<p>Any other business</p>	
	<p>No further business was raised.</p> <p>MH apologised for the poor wifi connection within the meeting room for the second half of the meeting.</p> <p>The meeting was closed and all members thanked for their attendance.</p>	