

THE
FILO
PROJECT



collaborative care



The Filo Project is a Community Interest Company specialising in small-group day care for older people experiencing memory issues and/or isolation. Founded by Libby Price and Liz Dennis in 2014 and drawing on their years of combined experience in dementia care and research, The Filo Project was born.

Who are we?

We offer a day care service provided by employed hosts which takes place in their own home. Within the nurturing environment of The Filo Project, the focus is firmly on the individuals' capacities.

We have high aspirations for what can be achieved for people who have either a diagnosis of dementia or a related condition such as Alzheimer's disease. We also cater for those who have no formal diagnosis but are experiencing issues with their memory.

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Where are we?

From those burgeoning early days with just 2 groups we now have 100 groups running each week across;

- Devon
- Somerset
- East Lancashire
- and now Cornwall

We have over 40 employees, hosts and support/management.

A Filo Day



A Filo day is a day out with friends. People can pursue their interests and draw on what they can still do and enjoy.

The day starts in the morning with the host collecting group members one-by-one from their homes. The car journey helps people settle and gently ease into the day ahead.

Lunch is an anchor point to the day, offering an opportunity for the group to help prepare or simply gather around the table to share a meal and chat.

Once assigned to a group a client attends on the same day with the same host and same group members every week. This socialising with a regular, small circle of similar companions underscores the potency of our model.

A Filo day runs between the hours of 10am - 4pm, Monday to Friday.

Our Hosts

Hosts are required to work 9-5 on hosting days and to provide a home cooked hot lunch. They are required to have a full driving licence, use of a 5 door car, a downstairs toilet and a home with ground floor access and minimal steps.

All Hosts have a thorough risk assessment of their property.

Extensive training prior to starting their role.

Full DBS checks and references are obtained.





Filo Family Support Service

We have a small dedicated friendly team offering confidential phone support to families and carers of our clients. Completely flexible to support the carers needs and as often as the carer requires them. No limits on the number of sessions.

We use a wellbeing listening approach allowing time and space for caregivers to share their thoughts, feelings and to discuss the challenges they are facing.

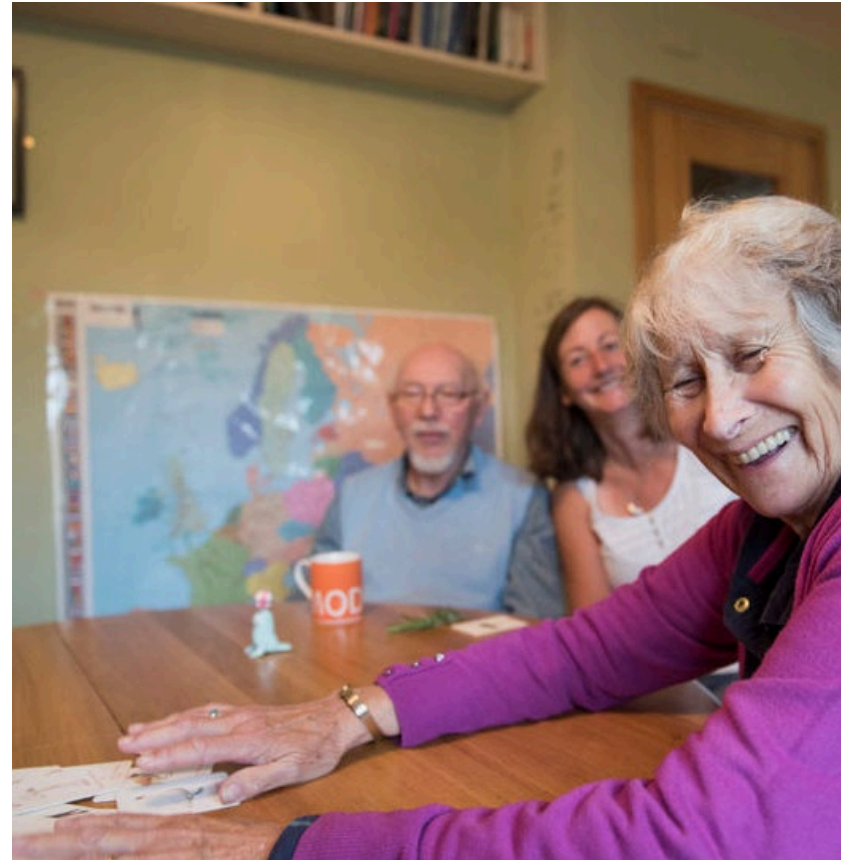
If appropriate we can also make practical suggestions and signpost, to support the individual carers health and wellbeing.

Cost

We have spot contracts with the Local Authorities within Devon, Somerset and East Lancashire. Cornwall is pending.

We are able to accept Direct Payments from all counties, including Cornwall.

We do also accept privately funded clients with the cost of the day including transport, lunch and day care equating to £16.65/hour



Making referrals

Both professionals and carers/clients can visit our website and complete the online referral form.

www.thefiloproject.co.uk

Email enquiries or referrals to:
info@thefiloproject.co.uk

Contact: **0333 939 8225**

